

Adult Autism Evaluation with Dawn Chandler-Holtz, Ph.D.

Thank you for your inquiry related to an autism evaluation. Palmentera and Associates has two offices, one in North Royalton (6785 Wallings Rd., Suite 3B) and one in Oberlin (23 Eric Nord Way Suite 12).

Typically we try to have a comprehensive battery to explore processing issues, attention problems, executive functioning, and other possible co-occurring clinical issues such as anxiety/depression. With teenagers and adults who have not previously been diagnosed with an Autism Spectrum Disorder, we also use several additional measures aimed at assessing “masked” or “subtle” autism as many with autism have learned to interact socially in an appropriate manner, but it takes a lot of energy and can be draining.

(Option A). This option usually meets the national standard requirements for receiving accommodations in school or for testing if needed. An optional package for learning disabilities assessment (Option B) is also available which can be an add on to Option A. Additionally, if a client has multiple records from previous testing, medical records, therapy, hospitalizations or other out-of-home placements, a record review for a thorough history to be summarized in the report will be an additional \$50 per hour.

Option A is a comprehensive evaluation that includes approximately 8 hours of in-person psychological testing, a two-hour interview with a parent or guardian, and a one-hour clinical interview (for a total of approximately 11 hours).

Option A

- Wechsler Adult Intelligence Scale Fourth Edition (WAIS-IV)
- Autism Diagnostic Observation Schedule , 2nd Edition (ADOS-2)
- Autism Diagnostic Interview Revised (ADI-R) – interview with parent/guardian (or sibling for older adults)
- Behavior Rating Inventory of Executive Function for Adults (BRIEF-A)
- Behavior Rating Inventory of Executive Function -parent version [if client is 19 or younger]
- Minnesota Multiphasic Inventory Second Edition (MMPI-2) or Millon Clinical Multiaxial Inventory (MCMI-IV)
- Gilliam Autism Rating Scale–Third Edition (GARS3) – by close family member or friend
- The following are some of the additional questionnaires that may be used, depending on presentation and need, there are others that may also be utilized that are not listed here as each evaluation is individualized to presenting concerns:
 - Camouflaging Autistic Traits Questionnaire (CAT-Q)
 - Empathy Quotient (EQ)
 - Alexithymia Questionnaire
 - Adult Repetitive Behaviors Questionnaire-2nd edition (RBQ-2A)
 - Ritvo Autism Asperger Diagnostic Scale -Revised (RAADS-R)
- Conners (various forms, self-report, parent, and/or teacher) [if ADHD is possible additional concern]
- The Test of Variable of Attention (TOVA) [if ADHD is possible additional concern]
- Clinical interview, scoring, and writing report [includes letter or paperwork needed to request accommodations if warranted]. Written reports are typically between 25 and 35 pages long and include recommendations for treatment and improvement.

Total cost for Option A: \$3250 [\$3,000 if ADHD is not an area of possible concern]

Option B takes approximately an additional three hours of testing and one hour of clinical interview and can be added on to Option A. To test specifically for a learning disability it is quite a comprehensive test, Wechsler Individual Achievement Test Fourth Edition (WIAT-IV) which usually costs an additional \$1,000 to

administer, score, interpret and write the results; however, if adding it to the standard Option A for autism testing, it is only an additional \$500. Here is a sample report of all the areas tested:

<https://www.pearsonassessments.com/content/dam/school/global/clinical/us/assets/wiat-4/wiat-4-sample-score-report.pdf>

Option C is for those who may have already had some testing that does not need to be repeated. If IQ (WAIS-IV) and achievement testing (WIAT4) are not needed and ADHD assessment is not needed, the charge is \$2,000 for Autism-specific testing only, with an additional \$50/hour for reviewing and summarizing past testing and/or records. The measures included in the autism-specific evaluation includes:

Clinical Interview

Autism Diagnostic Observation Schedule , 2nd Edition (ADOS2)

Autism Diagnostic Interview Revised (ADIR) – interview with parent/guardian

Gilliam Autism Rating Scale–Third Edition (GARS3) – by close family member or friend

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Empathy Quotient (EQ)

Alexithymia Questionnaire

Adult Repetitive Behaviors Questionnaire-2nd edition (RBQ-2A)

Ritvo Autism Asperger Diagnostic Scale -Revised (RAADS-R)

Scoring and writing report which will include recommendations [includes letter or paperwork needed to request accommodations if warranted]

Our practice operates on a fee-for-service basis and is not on any insurance panels, but once the full amount is paid, you can be provided with a CMS 1500 claim form to submit to your insurance company for out-of-network reimbursement. I encourage people if they are wanting reimbursement to call ahead and check to see if they need prior authorization to cover psychological testing and/or if a deductible needs to be met first before they will be reimbursed.

Please let me know if you have any other questions and I can respond via email or we can plan a time to talk on the phone. My email is dawnchandlerholtz@gmail.com and my cell phone number is 440-462-8824.

Dawn Chandler-Holtz, Ph.D.